



Republic of the Philippines
Department of Education
Region VII, Central Visayas
Division of Bohol
Tagbilaran City



OFFICE MEMORANDUM

TO : ALL SCHOOLS DIVISION OFFICE PERSONNEL/
NON-TEACHING PERSONNEL

FROM : NIMFA D. BONGO, Ed.D., CESO V *Nimfa*
Schools Division Superintendent

SUBJECT : BLOOD PRESSURE MONITORING

DATE : MARCH 18, 2019

1. One of the objectives of the School Health and Nutrition Service is to appraise the health status of personnel. Taking vital signs such as blood pressure (BP) measurement will indicate baseline status, clinical diagnosis and risk prediction.
2. There shall be BP monitoring of all Division Office Non-teaching personnel on a weekly basis starting April 1, 2019. The schedule of BP monitoring shall be as follows:

Monday	- SDS, ASDS, ICTU, SGOD
Tuesday	- CID, LRMO, Legal Section, GSO, PMU, ALS
Wednesday	- Property Custodian, Physical Facility, IAS
Thursday	- Accounting, DPSU/Budget and Finance
Friday	- HRMO, Records Section, Cashier
3. For the information and guidance of all concerned.
4. Wide dissemination of this memorandum is desired.